# Systems Thinking

#### Introduction

In numerous circumstances during our daily lives, we all have the capacity to act and think systemically without ever realising it. Understanding these thinking qualities will allow us to put them to use in an effort to address workplace difficulties as well. Understanding the fundamental traits of complex systems and the consequences these traits have for how we interact with them is the first step in putting systems thinking into practise.

The purpose of this programme is to incorporate systems thinking into your thinking processes in order to get you to think more differently about what you are doing and how you might use planning and reflection tools to conceptualise, carry out, and modify your continuing work.

## **Key Learning Outcomes**

By the end of the course, participants should be able to:

- Clarify why systems thinking is important to you/the group.
- Explore how you already use skills of systems thinking and what you would like to learn more about in that regard.
- Identify experience first-hand the complexity of systems thinking

### Duration

3 Days

## Target Participants